

Dear Parents

Benny the Anti-Bullying Bunny will be visiting your child's school on 27 / 01 / 2020 on his anti-bully campaign. Please support our drive to empower our children by taking advantage of the opportunity to have your child's photo taken with Benny the Anti-Bullying Bunny. This photo will become a treasured memory and a reminder of the impact of anti-bullying in schools and is also printed on the coffee mug and calendar.

Benny visits schools to promote the following:

- *How to deal with bullies
- *Identifying bullies
- *Preventing bullying
- *Identifying signs of bullying
- *Speaking up
- *Steps to take
- *How to help others
- *Self acceptance
- *Dealing with/overcoming bullying
- *Breaking the silence
- *Implementation of anti-bullying programs.



This important experience is presented FREE OF CHARGE for all children. Our goal is to teach EVERY child to be respectful to others. By supporting us you will contribute to EVERY child being empowered and caring towards others while providing a safe environment for all. Should you wish to take advantage of this offer, please complete the order form below and return it to the school together with the relevant payment BEFORE the date mentioned above.

Child's name: _____

Class: _____

For more information please contact 071 041 4141

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| <input type="checkbox"/> R20 For a Jumbo photo with Benny | <input type="checkbox"/> R80 For a printed coffee mug with photo and anti-bullying guidelines | <input type="checkbox"/> R50 For an A4 calendar with photo and anti-bullying guidelines |
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Guidelines to help you identify and act against bullying:

- *Notice signs of changes in your child's behaviour; for example, becoming withdrawn, quiet and not wanting to be around people
- *Ensure communication lines are open; children feel comfortable speaking to a parent about problems
- *Active involvement with school and constant communication with teachers, possibly from a Whatsapp group
- *Empower children to be kind to one another and not be mean
- *Encourage children to speak freely
- *Hitting is a crime, DON'T DO IT!

Most bullying occurs at school and can be harmful to a child's emotional development. We need to empower our children to be kind and NOT hurt others physically or mentally



**DON'T BE BULLIED-
DONT BE A BULLY!**